



N 9°10'20" E 76°30'00" EASL 8 m = 26 ft PC 690527
42'U/G traditional kalari



Akkanadan's Sreechakram Kalari





KALARIPPAYATTU

Kalarippayattu is known worldwide as "The mother of martial arts" Originally it is a great martial science. Art is a part of it.

It is related to "Vedas" the existence of Indian culture and is inherited from "Sri Parameswara" the "Omnipotent master of all arts and science , to his disciple " Sri Parasurama" and from "Sri Parasurama" it is provided to the whole humanity. So "Sri Parasurama" is believed and worshipped as " The Master of Kalarippayattu".

Through kalarippayattu, the scientific ways of defencing, attacking methods can be obtained and gain authority over the opponent and will help a person to develop his personality. It also develops " splendour, beauty, concentration, originality, determination, spirituality, willpower, wisdom, knowledge, creativity, patriotism, adventure, body science and all the trainings which help a person's overall development .

When kalarippayattu comes to Kalari chikilsa (treatment) the great Martial art is converted to science of living.



KALARI - SYLLABUS, SUBJECTS

The place where 'kalarippayattu' is being practised is known as "kalari" It is also believed that the word kalari is originated from 'Khalurika' the name of a goddess. Mainly there are two versions of kalari. The first one is ancestral, known as " Nalpatheeradi" and the second is martial training and 'duel', known as "Arupathinaleeradi"

"Akkanadan's sree chakram kalari' is derived from Ancestral- Nalpatheeradi kuzhithara kalari division.

Akkanadan's Kalari is built East West with 42 yard of length, 21 yard of width and 17.5 yard of height in 'gaja yoni', according to the Indian architectural methods. For temperature balance it is built 6 yard below from the ground level. In the south west part of the kalari" Poothara" is located in ' kanni raasi' . The part with a triangle shaped bud upon the 7 steps is known as 'Poothara'. The 7 steps are imagined as the 7 mother goddesses- "Braahmi, Maheswari, Koumari, Vaishnavi, Varahi, Indrani and Chamunda.

The students are worshipping the left side of the bud as 'Sri Parameswara' and the right side of the bud as "Bhadrakali- the house hold deity "This is imagined as the mingling up of siva and Saktheya. Next to Poothara, at the west part of the Kalari, these are Veera Ganapathi, Nagayakshi, Traditional gurus, Veerabhadran, Hanuman and Subrahmanya. The icons of Ayyappan and Srichakra are installed in proper places and are worshipped accordingly.

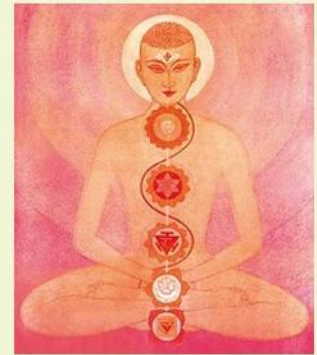
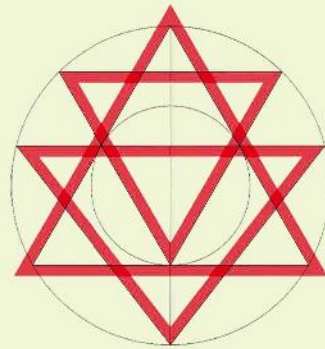
The floor of the Kalari is prepared specially with some medicinal compounds. This medicated floor is maintained and protected very carefully over the periods.

The most serious method of kalari "Arappakkai" is being practised here. The syllabus contains, " Meithari, kolthari, Ankathari, Verum Kai, Marmasathra, Chikitsa , manthrik, Thanthrik and Vedic Subjects.



SPIRITUALITY

In Akkandan's kalari ,as a part of spiritual education for the students of kalari, under the guidance of priests, "Upasana, Meditation and Karmas are advised and observed.



Malsyendra Maharshi

YOGA & MEDITATION

'Yoga' , which is highly beneficial to health protection and caring, is very nearer to Kalari, is practised here in a very scientific way. With this several meditational ways are also practised related to the spirituality of the Kalari





स्वागत

مَرْحَب

Welcome



Kadhavalivanam

Kalari Payattu, Kalari Chikilsa, Vedic Research Center.

KALIKA AASRAMAM CHIKILSA GRAHAM

कधलिवनं

कलरिपयटु, कलरि चिकित्सा, वेधसु शोध कर्णिका
कैलिक आश्रम चिकित्सा ग्रह



"Kadhalivanam"

"Kadhalivanam" - Kalaripayattu, Kalari Chikitsa Research Centre

The last word of Tradition

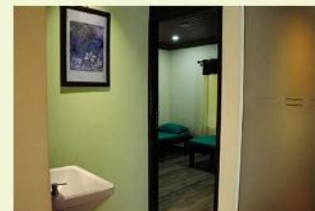
"Kadhalivanam" as a Research centre based on Indian culture with moral values which is beneficial to the whole humanity. And on the practical side, basically and scientifically a study of kalari, kalari treatment and yoga. It also deeply studies and avails kalari treatment and gains the attention of new generation.

The kalari and the temple is built in a very traditional and eco-friendly atmosphere. Being in this green and beautiful surroundings, feeling the tender breeze from the lake one gets calm, peace and meditated mood. 'The Kadhalivana' close to the temple blessed with natural beauty is very attractive and moreover gives all goodness and virtues to the humanity.

Almost all Indian sciences and arts are interrelated and theological.

The greatest mission of Kadhalivanam kalari Research Centre is to introduce this relations to the human race in an authoritative way.

" KADHALIVANAM " ECO FRIENDLY FACILITIES & VEDIC AMBIENCE



"Kadhalivanam" Chikiltsa Graham

Kadhalivanam is the one and only one chikiltsa graham (treatment house) which is extraordinary when compared to five star hotels and resorts that it takes only two patients at a time, and also for its genuine traditional vedic ambience, organic food, eco friendly, hospitality, care and service which is under and controlled by a well trained and expert teams who handles take care and service both the patient with some efforts and importance.

The various injuries and bruises, vital injuries, fractures, sprains happening at the time of practices and payattu, should be treated in each session, very carefully, in the kalari itself. There are special treatments for sports injuries, infertility, skin diseases, spondylites, allergy, asthma, long back pain, paralysis, cervical spondylites, diabetics, Hypertension, Psychiatric problems, neuropathic, liver problems, gout, obesity, Ophthalmology, ENT- diseases, muscular problems, artherities, stroke, migraine, epilepsy, gastric problems, Non paralysed polio mylites, " life style diseases, Mobility problems, Geriatric problems, body flexibility and shaping, beauty therapy, and all traditional Ayurvedic medicines and methods are used for treatments (Samastha karma), " Medicated food and medicated cloths" are the specialities of our kalari.

SPECIAL TREATMENTS

REJUVENATION

Regaining and retaining of blossom

BEAUTY TREATMENT

(Eco friendly and aromatic)

SPECIAL PROCEDURE FOR FLEXIBILITY

(Especially for dancers and actors)

HAIR TREATMENT

(Volume increasing)

MENTALLY AND PHYSICALLY RELAXATION PROCEDURE

OBESITY TREATMENT AND BODY SHAPING

AKKANADAN'S KALARI

Special way of kalari Treatment procedure



AKKANATTU FAMILY & MAHABHADRAKALI TEMPLE



G. Devaki amma teacher
(CEO Akkanadan's kalari & Kadhalivanam)



Kalari Gurukkal
J.G. Jayakrishna menon akkanadan
(Chief Physician & M.D)

Akkanadu family has centuries of oldness and tradition and at the time of King's rule it was the ministerial house. This great family gave birth to great Magicians, Upasakar, astrologers Sanskrit Scholars (like N. Raghava menon, Narayana menon etc) and great warriors.

The Prominent person among the predecessors of that great family is Devaki amma teacher who gives supervision to all the activities of kalari and temple. Respected Sri Vasudeva menon also gives guidance to the activities.

The August presence of 'mahabhadrakali' the household deity of Akkanadan's family gives blessings and virtues to the kalari, the students and moreover to the whole humanity. The temple of Akkanadu which is situated in 'Kanni rasi' the Kalari and the Elengi tree at the courtyard and the choral kavu and the pond behind it pouring to us spiritual feelings.

There are Phanapanchaka Nagaraja, Triphana Nagayakshi, Akhila Sarpangal with adharma sarpangal are installed in Meenam rasi, Facing west, in the middle of the beautiful landscape of grove and pond. They are Dwelling here protecting the treasure, grain, money and matters. Upadevathas like Brahmarakshas, Yogeeshwaran, Marutha Arukola (Veeramrithya Yodhav) are also installed inside the temple.



LOCALITY DETAILS

Alappuzha, the district in Kerala has a prominent place in the World Tourism map. Akkanadan's kalari is situated in 'onattukara', (in Alappuzha) which is famous for agriculture and its green sceneries, surrounded by the Kayamkulam lake which make this landscape naturally blessed.



AKKANADAN'S KALARI



Amruthanandamayi Matham
vallikavu (8 k.m)



Ochira Parabrahma temple
(5 k.m)



Haripadu subrahmanya temple
(15 k.m)



Krishnapuram palace
(3.5 k.m)



Chettikulangara temple
(Famous for Kumbhabharani kettukazhcha) (8 k.m)



Vettikkottu Nagaraja temple
(12 k.m)



Mannarasala Nagaraja temple
(17 k.m)



Azheekkal beach
(12 k.m)



Ayiramthengu mangroves
(7 k.m)

Our Upcoming Projects...

മിഷിൻ ദാമഗ്രഹ

*360° around the world
first destiny in Europe*



ദൃപ്താ ലക്ഷ്യാ

1. AKKANADAN'S KAALIKASHRAM CHIKIL TSA GRAHAM & STUDENTS HOSTEL
2. AKKANADAN'S KADALIVANAM ORGANIC MENU HUB (PURE VEG AND SWATHIK)
3. AKKANADAN'S INTERNATIONAL KALARI YOGA STUDIO
4. AKKANADAN'S KALARI GURUKULAM INTERNATIONAL SCHOOL
5. AKKANADAN'S KAMYA ORGANIC BEAUTY THERAPY
6. AKKANADAN'S YAAN HERITAGE TOUR PROGRAMMES
7. AKKANADAN'S DAMARU, NADHA, NADANA, NIRTHA, KALARI FUSION

Way to.....



Airport Trivandrum 105 kms
1hr.57 mints through NH.47

Cochin 131 Kms
2hrs 31 mints through NH.47



Railway station kayamkulam 3.5kms

Town & Bus hub Kayamkulam 2.9 kms



Water Transport 2 kms
Kollam to Kayamkulam
Alappuzha to kayamkulam



Akkanadans kalari
"Kadhalivanam" 



धन्यवाद...



लोका समस्ता सुखिनो भवन्तु



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